

The Career Design Guide:

This is a comprehensive career-planning workbook that is particularly helpful in:

- Planning career, development and life options.
- Repositioning redeployed and out placed personnel
- Encouraging self-managed careers

The Guide has two critical sections---

In Part 1, “Personal Assessment,” you will:

- Complete three inventories that will help you learn more about your interests, values, and motivated skills
- Learn how your results integrate into Patterns. Patterns are a framework which summarizes the interaction between personal preferences and the work environment, work style, occupations and leisure pursuits that align with them
- Evaluate how satisfied you are with the degree to which your identified preferences are present in your current work and life

In Part 2, You Apply your Assessment Results

- Consider market realities that may have an impact on your career
- A guided process explores career trends and market realities and suggests ways users can gather information needed in these areas for making career decisions.
- A practical step-by-step planning model incorporates personal and market realities and leads users to select the best direction for them.
- A focused and targeted planning process incorporates development strategies and resource use.
- Understand how to integrate and apply these realities and your personal information into meaningful development plans

Time to complete the entire Guide---- 3-4 hours

May be purchased from DFA for your personal or professional use for \$40.

Contact us at dianefoster@diane-foster.com

The Guide's Training Manual contains all the essential background information professionals need to use the Guide, including:

- Delivery options
- Background information that may be needed to answer questions in each section
- Strategies for effective use in coaching, counseling and workshops.
- Discussion points of the development and validity of the tool.
- Detailed explanation of how to use it with the Myers-Briggs Type Indicator®.